

The By-Laws Committee met this year; changes were put before The Ladies Board, and in November 2017 voted on and approved

Of significance

1. The President will ask an officer to contact any member who has missed five (5) meetings during the fiscal year, or has failed to volunteer the minimum six (6) hours per month
2. A nomination for membership will be voted upon by secret ballot immediately after the letter of recommendation is read
3. An active member can serve on only two (2) standing committees (with the exception of the budget committee)

This Spring we learned that The Ladies Board has been involved in the distribution of funds from The Harrison- Conrad Trust to benefit the handicapped children of Loudoun County

During the year I attended and represented The Ladies Board at all but 1 of Inova Loudoun Hospital Board of Directors and have attended all the meetings of the Loudoun Hospital Foundation.

A highlight was again being invited and attending the year's Inova Thought Leadership Series event in Naples, Florida

While there not only did I attend our Foundation meeting, I was able to attend several presentations and discussions. Of particular interest

Work being done in the field of new drug discovery (in particular work on BRACA 1 and 11) done by Dr. Milton Brown of the Inova Schar Cancer Institute

Leadership being given by Tiffani DeMarco of the Schar Institute in the area of genetic counseling

Studies in the area of enhanced and quicker bone healing after surgery or trauma

Studies in maintaining brain vitality despite aging, injury or disease.

I have attended several other events while representing The Ladies Board this year, This Spring in particular

March 13, 2018 The opening of the ISCI Peterson Family Breast Center at Lansdowne

April 10, 2018 The opening of the Ewing FACT (Forensic, Assessment, Consultation Team) program at Cornwall. The Ladies Board members had the opportunity to tour in May.

May 3, 2018 The opening of the Keller Center Loudoun in Sterling, VA

June 7, 2018 Representing The Ladies Board at The Sterling Women Networking Luncheon

Thank you so very much for your continued support this past year. I am thrilled and awe inspired to be part of such a wonderful group of hard working individuals, and am honored that I have had the opportunity serve as President these past 2 years.

I am truly proud to be called a member of The Ladies Board.

I began my term in July 2016 with the following quote from Helen Keller that I would like to end with it.

Alone we can do so little; together we can do so much.

Respectfully submitted,

Alexia W. Orr

The Ladies Board of Inova Loudoun Hospital
Annual Report of the Polly Clemens Fund
July 1, 2017 - June 30, 2018

Every month money is collected from piggy banks at The Gift Shop, Twice is Nice, and the two bear banks at the hospital cafeteria cash registers. Donations are also collected from members of The Ladies Board at each regular monthly meeting.

The Rummage Committee donated \$5,000.00 from the sale of early bird ticket sales to The Polly Clemens Nursery Fund.

Total deposits from July 1, 2017 - June 30, 2018 from The Gift Shop, Twice is Nice, The Ladies Board members, and The Rummage Sale Early Bird Ticket Sales, plus interest was \$8,934.12.

In June 2018, a Cashiers check for \$8,600.00 was given to The Inova Loudoun Hospital Foundation for The Birthing Inn.

A presentation version of the check for \$8,600.00 was presented to Gina Harrison, Clinical Director, Family Centered Care and NICU, and Jennifer Sedlmeyer, NICU Clinical Director. They spoke about plans to purchase equipment for Realistic Pre-term Stabilization and Resuscitation Exercises. This will be very beneficial to staff to be prepared for pre-term babies. They thanked The Ladies Board for all their work and donations to The Birthing Inn.

As of June 30, 2018, The Polly Clemens Nursery Fund Account has a balance of \$334.12.

Sincerely,

Judi Munson

Chairman, The Polly Clemens Nursery Fund

Kay Stowers

Co-Chairman, The Polly Clemens Nursery Fund

The Ladies Board of Inova Loudoun Hospital
Annual Report of the Rummage Sale
July 1, 2017 – June 30, 2018

Hillary Clinton famously said: "It takes a village to raise a child." That was the case with our 79th Annual Rummage Sale---raised by a village of Ladies Board members and their extended families and a host of volunteers who all worked tirelessly to turn empty barns and arenas into fully developed departments ready to sell their wares. This is an amazing sight to behold over those 7 days, all thanks to this amazing group of men women and even children!

Our wonderful sponsors---Ace Party Rental, Dulles Greenway, Loudoun Trucking, Pack Rat Hauling and Summit Community Bank each contributed in a unique way to our success. And those who sponsored our lunch/dessert program allowed us to serve over 1400 meals at minimal cost to our volunteers during the work week.

As always our community was most generous with donations. We reinstituted a collection in Western Loudoun in addition to the four dates at the Cornwall and Lansdowne campuses; we held a special donation day for the doctors' group at Inova. Those efforts netted us 11 semi-trailers filled to capacity with treasures of all sorts. The communities of River Creek, Potomac Green, Lansdowne Woods, Belmont Country Club and for the first time, Creighton Farms added to that as well.

We tried some new ideas this year: we encouraged departments to accept credit cards and each one that did reported ease of use and success; and we enlisted the cadets from the NJROTC program to help us early on Monday morning with setting up, allowing us to begin sorting even earlier.

The group returned on Sunday to assist with tear down.

We supported several groups---Habitat for Humanity, Blossom and Bloom, Women Giving Back-- by sharing some of the items left over. The balance was sold to SAVERS, which netted us more in revenue. Even our discarded soft goods added to our profit this year.

All of this helped us to gross \$318,678.46, again a record for our event. Happily we were able to provide the Ladies Board treasury with \$217,000 in addition to contributing \$5,000 to the Polly Clemens Nursery Fund from Early Bird ticket sales.

Sadly this was the last year that Loudoun Transport (Tom Rust) would be able to assist us. Serendipitously, Victory Van Lines, learning of our plight, has stepped up to help us going forward. Our new CEO Deborah Addo has become our champion in the midst of the extensive renovation to the Lansdowne campus. We are blessed with wonderful support!

The rummage committee extends its sincere thanks to The Ladies Board in general for their continued support of this worthwhile endeavor, which benefits not only our hospital and scholarship programs, but the greater good of the Loudoun community as well.

Respectfully submitted: Susan Courtney, Alice Digiovanni, Jeannie Douglas, Wendy Hale Annie Hewatt, Suzie Leonard, Barbara McNeil, Barbara Minor, Alexia Orr, Connie Yusi

The Ladies Board of Inova Loudoun Hospital
 79th Annual Rummage Gross Sale Summary
 Saturday October 14 - Sunday October 15, 2017

\$20,159.40	Antiques & Collectibles
\$10,444.58	Books, DVDs & Vinyl
\$14,501.65	Boutique
\$3,519.00	Children's Clothing
\$190.95	Coins
\$12,419.50	Electric, Garden & Tools
\$38,622.50	Furniture
\$6,354.10	Hats & Handbags
\$20,234.00	Holiday & Crafts
\$13,405.30	Housewares
\$15,819.00	Jewelry
\$19,023.80	Ladies Clothing
\$10,697.30	Lamps & Pictures
\$11,051.95	Linens & Beyond
\$11,392.30	Men's Clothing & Shoes
\$2,914.35	Shoes (Ladies)
\$16,598.00	Silent Auction
\$6,940.00	Sports Equipment
\$38,147.26	The Look (Upscale Ladies Clothing)
\$6,447.00	Toys
\$1,963.97	Donations
\$13,320.41	EB Tickets
\$15,185.00	Lunch Money
\$255.00	Mugs
\$6,329.75	Pre and Post Sales
\$2,634.03	Savers
\$108.36	Sunny D
\$318,678.46	Total Gross Sales

The Ladies Board of Inova Loudoun Hospital
 79th Annual Rummage Expense Report
 Saturday October 14, 2017 – October 15, 2017

\$12,463.44	Advertising
\$1,570.00	Capital Expense
\$20,201.48	Caterer
\$3,432.89	Credit Fees
\$300.88	Donation Day
\$150.00	License/Fees
\$1,917.97	Misc
\$11,810.00	Morven Park
\$8,491.50	Moving/Labor
\$1,605.00	Parking
\$4,568.50	Print Design
\$1,609.68	Print General
\$31.80	Postage
\$1,540.83	Refreshments
\$131.57	Registration
\$5,689.00	Security
\$920.00	Shuttle
\$2,777.76	Signs
\$1,221.21	Supplies
\$7,006.08	Tent Rental
\$2,180.00	Traffic Control
\$2,857.80	Trash
\$3,750.00	Trailer Rental
\$96,227.39	Total Expenses

The Ladies Board of Inova Loudoun Hospital
 Annual Report of the Nursing Scholarship Committee
 July 1, 2017 – June 30, 2018

The Ladies Board has awarded nearly 1200 nursing scholarships since the program was established in 1959, offering over \$1,770,000. The program was begun to provide supplemental funds to worthy nursing students, and it began with a single grant of \$400. It has been a popular program, and over the past 12 years it has offered more than \$100,000 each year.

Recipients are enrolled in LPN, BSN and MSN programs at 19 different schools, including the Monroe Technology Center. Awards range from \$1000 to \$2700.

This year The Ladies Board is proud to once again sponsor a \$1000 FACT (Forensic Assessment and Consultation Team) scholarship to a nurse at Inova Loudoun Hospital.

The following pages show the names of the recipients, their scholarship amounts, the degrees they are pursuing and the schools they attend.

The available funds for 2017 – 2018 scholarships were as follows:

\$ 9,083 – balance	
90,000 – Ladies Board	
12,600 – Lights of Love	
<u>\$111,683</u>	
-503 – expense money	
<u>\$111,180</u>	
\$ 84,000 – 42 @ \$2000	
17,500 – 25 ILH bonuses @ \$700	
8,000 – 8 Vo Tech @ \$1000	
<u>1,000 – 1 FACT</u>	
\$110,500	

The Scholarship Committee extends thanks to the Public Relations Committee – and great appreciation to the Lights of Love Committee for its support.

Joyce Biesecker, chairman
 Kate Carey, Alice DiGiovanni, Sandra Gerber, Suzanne Leonard, Susan Mills, Becky Ottinger, and Margaret Vaughan

Ladies Board Nursing Scholarship Recipients
2018 - 2019
51 Scholarships totaling \$110,500

Monroe Tech Recipients (8) \$1000 each, 2 with \$700 bonus for working at Inova

Sharon Dimitrov
Lindsay Erickson *
Morgan Grzeda
Mursal Kabiri
Christina Mills*
Christina Nguyen
Raquel Pine
Elsi Lorena Tejada

Rock Ridge High School
Broad Run High School
Tuscarora High School

Previous Recipients (11)

\$2700 Jillian Adams
\$2000 Michaela Almario
\$2700 Emily Candelaria
\$2700 Sandra Chiunda
\$2000 Christina Dongli
\$2000 Abigail Fulcer
\$2000 Lisney Murray
\$2700 Ryan Musser
\$2700 Melanie Rodeheaver
\$2000 Samantha Schaeffer
\$2000 Ryan Thomas

Chamberlain University-BSN, works at ILNRC
Liberty University-BSN
George Mason University-BSN, works at ILH
Chamberlain University-MSN, works at ILH
Shenandoah University-BSN
George Washington University-BSN
Standard College-LPN
Chamberlain University-MSN, works at ILH
Chamberlain University-BSN, works at ILNRC
University of Pittsburgh-BSN
University of Virginia-BSN

New Recipients (31)

\$2700 Stefani Alfaro
\$2000 Emily Alliss
\$2000 Dania Atari
\$2700 Amy Baker
\$2000 Karin Boudelais
\$2700 Jessica Cave
\$2700 Tatiana Cruz
\$2000 Kayleen Galvan

Shenandoah University-BSN, works at ILH
Thomas Jefferson University-BSN
Shenandoah University-BSN
American Sentinel University-MSN, works at ILH
George Mason University-MSN
American Sentinel University-MSN, works at ILH
George Washington University-BSN, works at ILH
George Washington University-MSN

New Recipients (continued)

\$2700	Amanda Gatling
\$2700	Joy Gibbs
\$2700	Brittany Graham
\$2000	Hope Kelly
\$2700	Jessica Kelly
\$2700	Julie Littlejohn
\$2000	Alexandra Nicole
\$2000	Azar Mahdavi
\$2700	Amanda Carol Miller
\$2700	Marie Eliane Noutio
\$2000	Katherine Riddiford
\$2000	Neyda Janet Rivera
\$2700	Natalie Ropp
\$2000	Jessica Ann Schaub
\$2700	Zhenxia Shuai
\$2000	Mathew Stucke
\$2700	Erin Sweet
\$2000	Laura Thomason
\$2700	Jessica Timbers
\$2700	Carey Vincent
\$2700	Helina Williams
\$2000	Celia M Wilson
\$2700	Angy Youssef

George Mason University-MSN, works at ILH
Chamberlain University-BSN, works at ILH
George Washington University-MSN, works at ILH
Shenandoah University-BSN
Chamberlain University-MSN, works at ILH
George Mason University-MSN, works at ILH
Chamberlain University-MSN, works at ILH
George Mason University-MSN, works at ILH
Shenandoah University-BSN
Long James Madison University-BSN
Shenandoah University-BSN
George Washington University-BSN, works at ILH
Ultimate Health School-LPN, works at ILNRC
James Madison University-BSN
George Mason University-BSN
Chamberlain University-BSN, works at ILH
Longwood University-BSN
Walden University-MSN, works at ILH
Radford University, BSN
Grand Canyon University-BSN, works ILH
Aspen University-BSN
Capella University-BSN, works at ILH
Drexel University-MSN, works at ILH
Drexel University-MSN, works at ILH
Shenandoah University-BSN
Shenandoah University-BSN, works at ILH

FACT Scholarship

\$1000 Recipient undetermined

The Ladies Board of Inova Loudoun Hospital
Annual Report of "Twice Is Nice" Thrift Shop
July 1, 2017 – June 30, 2018

Twice Is Nice has once again had a very successful financial year. Total income for the fiscal year was \$36,388.29. This again is one of the highest revenues we have experienced. An additional amount of \$100,000 was given to The Ladies Board which is again \$20,000 more than pledged. In addition, \$808.00 was given to the Polly Clemens Fund as a result of Piggy Bank donations.

Our volunteer contingent has continued to increase, and most new Ladies Board members have come from the ranks of The Shop. In addition to being instrumental to the increase in Ladies Board membership, we have 20 community volunteers who are dedicated and an important part of the success of The Shop. All volunteers help maintain the values and meet the goals of The Ladies Board.

As in the past, The Shop has had three store wide sales with all merchandise 50% off. These are always met with tremendous success both financially and to help reduce overcrowding of merchandise.

A new sign was installed on the outside marquis, with the help of the Public Relations Committee and in conjunction with Loudoun Hospital, showing the affiliation we have with the hospital. Two new signs are displayed in the shop highlighting The Ladies Board goals and values. A window sign is displayed showing those programs the Ladies Board supports. A new procedures manual for distribution to all Shop volunteers has been revised and distributed to members and community volunteers alike. This is the first time since 2012 the booklet has been updated.

The TIN Committee has increased in size from 6 to 10 and meets regularly the third Tuesday of the month to discuss Shop business. A welcome luncheon for the committee and new members was held at River Creek Country Club in August. National Thrift Shop day was recognized by a one day 25% off sale. A raffle with sweets and lemonade was also offered.

The co-chairs have been meeting with other thrift shop managers in the Leesburg area to discuss common problems and goals in serving the community. In that vein, a booklet has been produced by the committee to use as a guide to all the thrift shops in the area and is being given to customers.

A community police officer met with the co-chairs to discuss vandalism problems and in cooperation with the landlord motion detection lights are installed at the back-loading dock. The annual review class was held in January and was well attended. This year's theme was "Safety in the Workplace" with an emphasis on "a place for everything and everything in its place". The volunteers have taken this seriously with a concentration on less workplace crowding and confusion as well as less potential for injury. More signs for proper storage are in place and emphasis on completing tasks and keeping items off the floor with additional shelving is being adhered to by all.

Some scheduling challenges have arisen, and the committee decided that if a shift is not filled within 24 hours of the need the shop will close. Because of this decision, monthly hours are

being given to the president for consideration in informing members that they are not adhering to the responsibilities expected of them as Ladies Board members. This seems to have helped the problem. Backroom scheduling still needs work and is being addressed. A new wireless stereo system was purchased for the selling floor. This makes for a nicer atmosphere and pleasanter shopping experience for our customers as well as soothing for the volunteers. The job of supply ordering has been delegated to three committee members. Volunteer treats and needs, local buying and wholesale catalogue buying of supplies are the three areas. This is working well. Our "Black Bag Boys" and the "Snow Bunnies" are still working hard to make the shop run smoothly. With the opening of a new bank in our plaza the checking account has been switched to Main Street Bank for easier access. The donations to the shop remain high and of a continuing better and better quality. Sheila and I have served for two terms and are proud of the direction The Shop has taken under our leadership with the backing of the committee and volunteers. Three new Ladies Board members will take over. We have great confidence The Shop will continue to prosper and support the community at large and Inova Loudoun Hospital. It has been our pleasure to serve The Ladies Board in the capacity as Co-chairs and we hand our beloved shop over to three competent and enthusiastic chairs.

Respectfully submitted,
Hazel Saffell and Sheila Brooks

The Ladies Board of Inova Loudoun Hospital
 Annual Income Statement for Twice is Nice
 July 1, 2017 – June 30, 2018

	Balance Forward July 1, 2017
	\$84,245.77
INCOME	
Sales	\$268,299.04
Returned checks	\$300.00
Interest	\$253.09
Donations	\$288.00
Misc	\$533.64
Total Income	\$269,673.77
EXPENSES	
Rent	\$95,239.83
Electricity	\$4,890.30
Telephone	\$959.11
Cleaning	\$5,330.00
VA State Sales Tax	\$14,963.48
Credit Card fees	\$3,731.70
Returned check fees	\$286.50
The Ladies Board	\$100,000.00
Watch Batteries	\$49.55
Furniture pick-up	\$0.00
Lights of Love	\$100.00
Service contract – ME Flow	\$410.00
Permits	\$60.00
Printing	\$116.24
Supplies	\$5,991.56
Repairs	\$857.21
Refunds	\$0.00
Misc	\$300.00
Total Expenses	\$233,285.48
Net Activity FY2018	\$36,388.29
Cash balance year end June 30, 2018	\$120,634.06

The Ladies Board of Inova Loudoun Hospital
Annual Report of the Hospital Staff Appreciation Committee
July 1, 2017- June 30, 2018

The Hospital Staff Appreciation Committee began planning in January for a way to honor the dedicated nurses and support staff of Inova Loudoun. The decision was made to request donations of cookies from The Ladies Board members. These cookies along with flowers in bud vases, letters of appreciation and framed poems would then be presented to each of the 30 nursing units. We have large professional posters which are placed at both Cornwall and Lansdowne each year that publicly express our appreciation. This is all implemented during Nurse Appreciation Week that begins the first Friday of May each year. Sign up donation sheets were brought to the March and April Ladies Board meetings requesting donations to be brought to the May meeting. There were also two locations for cookie pickup on the Sunday before the actual delivery to the units. The response was phenomenal! We received over 1500 cookies. We also received donations of frames and bud vases from Twice Is Nice. The committee gathered on May 7, 2018 to assemble over 50 trays of cookies, 30 bud vases, 30 framed poems, and two large floral arrangements. Delivery was made the next day by committee members assisted by nursing staff members.

This was a most rewarding experience for me to chair this committee and I would like to thank my fellow committee members: Joan Elliott, Judy Mazzucchelli, Renee Bradford, Ellie Daley, Lynn Maurer and Jolori White. Their support and hard work made this endeavor fun and successful.

Respectfully submitted,

Mary Paul Jones Chairman